



**free** *public lecture & discussion series*  
**makingpeace:** *meditations on activism*



**saturday january 16th**

**4:00-6:00 pm**

refreshments will be provided

donations are welcome for this event and will go to the facilitator

The film *The Power of Forgiveness* explores the promises and challenges of experiencing forgiveness, and the relationship of forgiveness to emotional, spiritual, physical and social health. Learn about forgiveness research. Hear the dream of a Garden of Forgiveness at 9/11 Ground Zero. Watch children learn a different way of responding to violence. Hear the wisdom of many faith traditions.

Attendees will watch the entire film (78 minutes), experience a brief silent meditation, and join a discussion led by **Rev. Jacki Belile**. Together, we'll explore the connections between forgiveness, nonviolence and the sustained activism which heals our lives and the world.

**Rev. Jacki Belile**, CEC, is a certified empowerment coach and an ordained American Baptist minister. She is the founder of Living Well Ministries, which creates sacred spaces for transformation through spiritual life coaching, classes and retreats. Her local and long-distance coaching clients often focus on forgiveness in their work with her.



**Thousand Waves** Martial Arts & Self-Defense Center, NFP

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Forging



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